

BLACK BELT DIVISIONS

FORMS

Div#	Day/Ring	Age		m/f
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CONTEMPORARY

(Note: A division labeled contemporary allows creative and open music. No sound effects or background music in choreographed divisions.)

N-1	(Sa-5)	9-	Hard Creative	m
N-2	(Sa-5)	10-11	Hard Creative	m
N-3	(Sa-5)	12-14	Hard Creative	m
N-4	(Sa-5)	15-17	Hard Creative	m
N-5	(Sa-5)	11-	Hard Choreographed Musical	m
N-6	(Sa-5)	12-14	Hard Choreographed Musical	m
N-7	(Sa-5)	15-17	Hard Choreographed Musical	m
N-8	(Sa-5)	17-	Hard Open Musical	m/f
N-9	(Sa-5)	17-	Soft Contemporary	m/f
N-10	(Sa-5)	11-	Hard Creative	f
N-11	(Sa-5)	12-14	Hard Creative	f
N-12	(Sa-5)	15-17	Hard Creative	f
N-13	(Sa-5)	17-	Hard Choreographed Musical	f
N-14	(Fr-1)	18+	Hard Creative	m
N-15	(Fr-1)	18+	Hard Choreographed Musical	m/f
N-16	(Fr-1)	18+	Hard Open Musical	m/f
N-17	(Fr-1)	18+	Soft Contemporary	m/f
N-18	(Fr-1)	18+	Hard Creative	f
N-19	(Fr-1)	35+	Hard Contemporary	m
N-20	(Fr-1)	35+	Hard Contemporary	f

TRADITIONAL

N-21	(Sa-6)	11-	Japanese/Okinawan	m/f
N-22	(Sa-6)	12-14	Japanese/Okinawan	m/f
N-23	(Sa-6)	15-17	Japanese/Okinawan	m/f
N-24	(Sa-6)	11-	Kenpo/Kajukenbo	m/f
N-25	(Sa-6)	12-14	Kenpo/Kajukenbo	m/f
N-26	(Sa-6)	15-17	Kenpo/Kajukenbo	m/f
N-27	(Sa-6)	11-	Korean	m/f
N-28	(Sa-6)	12-14	Korean	m/f
N-29	(Sa-6)	15-17	Korean	m/f
N-30	(Sa-8)	18+	Japanese/Okinawan	m
N-31	(Sa-8)	18+	Kenpo/Kajukenbo	m/f
N-32	(Sa-8)	18+	Korean	m
N-33	(Sa-8)	18+	Soft (No Wushu/Kenpo)	m/f
N-34	(Sa-8)	18+	Japanese/Okinawan	f
N-35	(Sa-8)	18+	Korean	f
N-36	(Sa-8)	35+	Hard Traditional	m/f
N-37	(Sa-8)	45+	Hard Traditional	m/f

TEAM (Forms)

(Note: One player per team must be a blackbelt)

N-38	(Fr-1)	All	Open	m/f
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WEAPONS

CONTEMPORARY

(Note: No added sound effects or background music in choreographed divisions)

N-39	(Fr-2)	11-	Hard & Soft Creative	m/f
N-40	(Fr-2)	12-14	Hard & Soft Creative	m

N-41	(Fr-2)	15-17	Hard & Soft Creative	m
N-42	(Fr-2)	11-	Hard & Soft Choreographed Mus	m/f
N-43	(Fr-2)	12-14	Hard & Soft Choreographed Mus	m/f
N-44	(Fr-2)	15-17	Hard & Soft Choreographed Mus	m/f
N-45	(Fr-2)	17-	Hard & Soft Open Musical	m/f
N-46	(Fr-2)	12-14	Hard & Soft Creative	f
N-47	(Fr-2)	15-17	Hard & Soft Creative	f
N-48	(Fr-1)	18+	Hard Creative	m
N-49	(Fr-1)	18+	Hard Choreographed Musical	m/f
N-50	(Fr-1)	18+	Soft Contemporary	m/f
N-51	(Fr-1)	18+	Hard Creative	f
N-52	(Fr-1)	35+	Hard Contemporary	m/f

TRADITIONAL

N-53	(Fr-2)	11-	Hard Traditional	m/f
N-54	(Fr-2)	12-14	Hard Traditional	m/f
N-55	(Fr-2)	15-17	Hard Traditional	m/f
N-56	(Sa-1)	18+	Hard Traditional	m/f

SELF DEFENSE

CONTEMPORARY

(Note: N-57 & N-58 players can be of any rank)

N-57	(Fr-8)	17-	Choreographed Fight	m/f
N-58	(Fr-8)	18+	Choreographed Fight	m/f

TRADITIONAL

N-59	(Fr-8)	17-	Traditional	m/f
N-60	(Fr-8)	18+	Traditional	m/f

BREAKING

(Note: N-61 & N-62 players can be of any rank)

N-61	(Fr-8)	17-	Open	m/f
N-62	(Fr-8)	18+	Open	m/f

SPARRING

(Note: 11 year old girls can compete in two divisions)

POINT

Div#	Day/Ring	Age		lbs.	kilo	m/f
N-63	(Sa-6)	9-				m/f
N-64	(Sa-6)	10-11				m/f
N-65	(Sa-6)	12-13				m
N-66	(Sa-6)	14-15				m
N-67	(Sa-6)	16-17				m
N-68	(Sa-6)	11-12				f
N-69	(Sa-6)	13-14				f
N-70	(Sa-6)	15-17				f
N-71	(Sa-8)	18+	Fly	125.4-	(57-)	m
N-72	(Sa-8)	18+	Feather	138.6-	(63-)	m
N-73	(Sa-8)	18+	Light	151.8-	(69-)	m
N-74	(Sa-8)	18+	Lt Middle	162.8-	(74-)	m
N-75	(Sa-8)	18+	Middle	173.8-	(79-)	m
N-76	(Sa-8)	18+	Lt Heavy	184.8-	(84-)	m
N-77	(Sa-8)	18+	Heavy	200.2-	(91-)	m
N-78	(Sa-8)	18+	Super Heavy	200.2+	(91+)	m
N-79	(Sa-8)	18+	Fly	121-	(55-)	f
N-80	(Sa-8)	18+	Feather	132-	(60-)	f
N-81	(Sa-8)	18+	Light	143-	(65-)	f
N-82	(Sa-8)	18+	Middle	143+	(65+)	f
N-83	(Sa-8)	35+	Light	151.8-	(69-)	m

N-84	(Sa-8)	35+	Middle	173.8-	(79-)	m
N-85	(Sa-8)	35+	Heavy	200.2-	(91-)	m
N-86	(Sa-8)	35+	Super Heavy	200.2+	(91+)	m
N-87	(Sa-8)	35+	All Weights			f
N-88	(Sa-8)	45+	Light	173.8-	(79-)	m
N-89	(Sa-8)	45+	Heavy	173.8+	(79+)	m

CONTINUOUS SPARRING

Note: JUNIOR Players can be any rank, but under blackbelts cannot wear a belt.

NO ADULT UNDERBELTS ALLOWED

Div#	Day/Ring	Age	lbs.	kilo	m/f
N-90	(Fr-3)	17-	Super Fly	55-	(25-) m/f
N-91	(Fr-3)	17-	Fly	66-	(30-) m/f
N-92	(Fr-11)	17-	Feather	77-	(35-) m/f
N-93	(Fr-11)	17-	Light	88-	(40-) m/f
N-94	(Fr-3)	17-	Light Middle	99-	(45-) m/f
N-95	(Fr-3)	17-	Middle	121-	(55-) m
N-96	(Fr-3)	17-	Light Heavy	143-	(65-) m
N-97	(Fr-3)	17-	Heavy	165-	(75-) m
N-98	(Fr-3)	17-	Super Heavy	165+	(75+) m
N-99	(Fr-3)	17-	Feather	99-121	(45-55) f
N-100	(Fr-3)	17-	Light	143-	(65-) f
N-101	(Fr-3)	17-	Middle	143+	(65+) f
N-102	(Fr-6)	18+	Feather	138.6-	(63-) m
N-103	(Fr-6)	18+	Light	151.8-	(69-) m
N-104	(Fr-6)	18+	Light Middle	162.8-	(74-) m
N-105	(Fr-6)	18+	Middle	173.8-	(79-) m
N-106	(Fr-6)	18+	Light Heavy	184.8-	(84-) m
N-107	(Fr-6)	18+	Heavy	200.2-	(91-) m
N-108	(Fr-6)	18+	Super Heavy	200.2+	(91+) m
N-109	(Fr-6)	18+	Feather	132-	(60-) f
N-110	(Fr-6)	18+	Light	132+	(60+) f

TEAM (Sparring)

(Note: N-110 and N-111 players can be of any rank)

Submit ALL 3 player cards together.

N-111	(Fr-11)	9-11, 12-14, 15-17				m
N-112	(Fr-3)	9-11, 12-14, 15-17				f
N-113	(Fr-11)	18+, 18+, 18+	Lt, Md, Hvy			m

-NON-NBL-

BLACKBELT SENIOR 35+ MEN'S TEAM (Sparring)

A-334	(Fr-11)	35+, 35+, 35+				m
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